

Recommended supply of food and drinks

Food category		Cafeteria or kiosks - hospital or privately run	Vending machine	Occasional temporary food stall or annual fete*	Volunteer-run store	Fundraising including raffles and chocolates	Catering for meetings and functions*	Prizes or gifts	Staff restaurant or dining room	Tea trolleys or mobile trolleys
GREEN	Actively promote and encourage GREEN category foods and drinks	✓	✓	✓	✓	✓	✓	✓	✓	✓
	Ensure GREEN category items are available at all times	✓	✓	✓	✓	✓	✓	✓	✓	✓
AMBER	Provide healthier options (i.e. contain reduced levels of saturated fat, salt, or sugar when compared with the regular products)	✓	✓	✓	✓	✓	✓	✓	✓	✓
	AMBER category foods or drinks are not to be promoted or advertised	✓	✓	✓	✓	✓	✓	✓	✓	✓
	Provide moderate serve sizes	✓	✓	✓	✓	✓	✓	✓	✓	✓
RED	A maximum of 20% of foods and drinks displayed are from the RED category	✓	✓	Exempt but healthy choices encouraged	✓	RED foods or drinks are not to be used	RED foods or drinks are not to be provided	RED foods or drinks are not to be provided	✓	✓
	RED category foods or drinks are not to be promoted or advertised	✓	✓	✓	✓	✓	✓	✓	✓	✓

* RED category foods and drinks can be provided for occasional temporary food stalls or very special events (e.g. Christmas party) at the discretion of Regional Chief Executives.

NB: These guidelines do not apply to foods or drinks that SA Health staff bring from home for personal consumption.

Acknowledgement: Adapted from Queensland Health's *A Better Choice – Healthy Food and Drink Supply Strategy (2007)* - 'A Better Choice Summary for Food Outlets'



For more information

Health Promotion Branch

SA Health

Telephone: (08) 8226 6329

www.health.sa.gov.au/pehs/health-promotion.htm

© Department of Health, Government of South Australia.
All rights reserved. ISBN: 9780730897750 Printed March 2009.



**Government
of South Australia**

SA Health