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**South Australian Nutrition Network
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Outline

- Background
- Project Goals
- Menu Assessment
- What's new?



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Background

- SRER is a strategy that contributes to the implementation of the state policy: *Eat Well Be Active Healthy Weight Strategy for South Australia*
- SRER Award was developed in WA
- SRER state-wide project funded by SA Health since 2005
- Prior to this funded for 3 years for the southern metropolitan region of Adelaide.
- In July 2009 a 3 year extended funding was announced.



Project Goals

1. To increase the capacity of SA LDC to provide safe, healthy food choices to children in care via the SRER Award and its associated training (nutrition and food safety)
2. To establish sustainable nutrition and food safety training and best practice within the SA child care sector

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SRER in SA

- **There are 346 LDCCs in SA
45 are ABC owned and operated**
- **So far 227 centres (75.4% eligible)
have done SRER training**
- **Of these centres 164 (72.2%)
have completed the Award**



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2009/10 Project Service Deliverables

- 14 training courses
- At least 26 centres will achieve SRER Award
- At least 48 SRER centres will be re-awarded.

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People assisting centres achieve the award:

- **SRER Project Team**
(training, menu and policy assessment, ongoing advice and support)
- **Community Dietitians/Nutritionists**
(menu and policy training and assessment)
- **Local Government Environmental Health Officers (EHOs)**
(food hygiene component & assessment)

How important Community Dietitians are..

- State based project
- 90 LDCCC in Rural Health Regions
- Training in 2 rural regions per year
- Timing for site visits unpredictable



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Assessment for Centres who Provide Food

- Assess a 2 week menu for its nutritional quality & quantity.

→ Menu Assessment Tool (MAT)

- Nutrition Policy
- Meet Food Safety Req'ts
- Site visit



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Assessment for Centres where Food Comes from Home

- Assess lunch boxes for nutritional quality using a lunchbox checklist.
- Plan for addressing lunchbox improvements
- Infant feeding scenarios
- Negotiation exercise
- Re-assess same lunchboxes
- Nutrition Policy.
- Site visit

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Re-awarding

- SRER is an ongoing process for centres
- Reaward process every 2 years involving:
 - Resubmission of 2 weeks menu & calculations
 - Updated nutrition policy
 - Food Safety Program audit (AFSA)
 - No site visit



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What's new?



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National

- Mandatory National Food Safety Programs (FSP) commenced October 2008
- SRER accreditation = over half of FSP requirements
 - simplified SRER Food Safety & Hygiene Requirements



National

- National “Get Up & Grow” Healthy Eating and Physical Activity for Early Childhood guidelines
- Involvement in statewide discussions on serve recommendations with view to contribute to NHMRC’s Core Food Groups consultation April 2010

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SRER SA

- SRER awarded centres have had access to Food Safety Workshop last two years.
- Run in conjunction with 'Food Policy and Programs' SA Health
- Improving Menu Assessment Tool (MAT)

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SRER SA

- Marketing & Promotion
- Lunchbox Centres
- Meet service deliverables
 - Children's Centres
 - Aboriginal Child Care Centres



Questions ?

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